

Curriculum Vitae

Dr. Deepti Khare

Professor, Department of Home Science

Rajkeeya Mahavidyalaya Gosaikheda, Unnao

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DOB: 22 October 1972



Professional Summary

Accomplished Home Science educator and researcher with over 25 years of experience in academia. Specializing in areas such as Extension Education, Nutritional Science, Family Resource Management, with a robust portfolio of scholarly publications, conference presentations, and curriculum development. Demonstrated excellence in teaching, research, and community engagement, committed to advancing the field of Home Science through innovative research and dedicated mentorship

Educational Qualifications

- Ph. D.** **Home Science**, in the year of 2018, titled “**Perception and Practices of Men and Women Adopting Methods of Contraception: An Exploratory Study on Government Hospitals in Rural Uttar Pradesh**”
Department of Home Science, from University of Lucknow.
- M. Sc.** **Home Science**, Specialization in Extension Education in the year 1997 with A Grade from Shreemati Nathibai Damodar Thackersey Women's University, Mumbai, ,
- B. Sc.** **Home Science**, in the year 1994 with 9.2 CGPA from Chandra Shekhar Azad University of Agriculture Technology.
- Intermediate** in 1989 with 69.4% marks from Literary Hindi, English, Psychology, Economics, Music Vocal from K.V.M. Girls I.C. College Kanpur, **Board of High School and Intermediate, Uttar Pradesh**
- High School** in 1987 with 65.3% in Hindi, English, Mathematics One, Science One, Social Science, Music Vocal from Kanpur Vidya Mandir Girls College Kanpur, **Board of High School and Intermediate, Uttar Pradesh** in

Teaching Experience

Professor, Department of Home Science,

Rajkeeya Mahavidyalaya, Gosai Kheda, Unnao, 01-11-2021 To Presently Working

- Implement the NEP2020 undergraduate courses in the College.

- Organize and conduct workshops and seminars to enhance student learning and engagement.

Associate Professor, Department of Home Science,

Maharaja Bijli Pasi Government Degree College, Ashiana, Lucknow, 12-09-2014 to 11-03-2015.

Lalta Singh Government Girls Post Graduate College, Adalhat, Mirjapur, 12-03-2015 to 30-06-2016

Rajkeeya Mahavidyalaya, Gosai Kheda, Unnao, 01-07-2016 to Presently Working

- Developed and implemented innovative teaching methodologies to improve student outcomes.
- Participated in faculty development programs to stay abreast of emerging trends in Home Science education.

Assistant Professor, Department of Home Science

Government Degree College, Palia Kala, Lakhimpur Khiri, 12-09-2000 to 15-10-2001.

Netaji Subhash Chandra Bose Government Girls Degree College Aliganj Lucknow, 16-10-2001 to 23-08-2012.

Maharaja Bijli Pasi Government Degree College, Ashiana, Lucknow, 24-08-2012 to 11-09-2014.

- Introduced experiential learning components into the curriculum to bridge theory and practice.
- Engaged in student advising and career counselling, fostering academic and professional growth.
- Contributed to departmental committees focused on academic planning and quality assurance

Publications

Journal Articles

1. **Deepti Khare**, Perception and Practices of the Couples Adopting Sterilization as a Family Palnning Method, **Perspectives in Social Work**, vol. XIV, pp 35, 1999. **ISSN 0974-5114**.
2. **Deepti Khare**, Dietary practices of H.Sc Graduates, **Naman**, pp. 107-109, 2013. **ISSN 2229-5585**.
3. **Deepti Khare**, Folk Media and Extension Education, **Bauddhik Bharat**, vol. 10-11, 2022. **ISSN 2320-9844**.
4. **Deepti Khare**, Contraceptive use among young people in India, **Online International Journal of Medical and Social Sciences**, vol. 2, 2016, **ISSN 2454-2385**.
5. **Deepti Khare**, बालिका कुपोषण: परिवार कुपोषण का काल चक्र, **दृष्टिकोण**, 2019. **ISSN 0975-119X**.
6. **Deepti Khare**, किशोरावस्था की संवेगात्मक समस्यायें, **अनुसंधान (विज्ञान शोध पत्रिका)**, vol. 3, pp. 198-200, 2015. **ISSN 2322-0708**.
7. **Deepti Khare**, Vasectomy: The Hallmark of Modern Men, **Sodh Sandarsh-VI**, vol. XXI, pp. 305-307, 2018. **ISSN 2319-5908**.
8. **Deepti Khare**, Rashmi Srivastava, Menstruation: Origin of Existence, **International Multilingual Refereed Research Journal**, 2019. **ISSN 2319-9318**.
9. **Deepti Khare**, Practices of couples adopting permanent method of contraception, **Sanchar Bulletin**, vol. 1, pp. 121-123, 2011. **ISSN 2229-3620**.
10. **Deepti Khare**, Educating and Empowering Rural Women- A part of package for Gender Equality, **Idealistic Journal of Advanced Research in Progressive Spectrums (IJARPS)**, vol. 2, pp. 7-9, 2023. **ISSN 2583-6986**.

11. **Deepti Khare**, Millet mission: An insight toward healthy environment, *Idealistic Journal of Advanced Research in Progressive Spectrums (IJARPS)*, vol. 4, pp. 16-20, 2025. **ISSN 2583-6986**.
12. **Deepti Khare**, Santosh Kumar Upadhyay, Deepti Khare, An evaluation of family planning and contraceptive used in Rural Hathras, **Online International Journal of Medical and Social Sciences**, vol. 3, 2017. **ISSN 2454-2385**.
13. **Deepti Khare**, उत्तर प्रदेश के उन्नाव जिला की ग्रामीण माताओं एवं पूर्वशालेय बालकों में कुपोषण - एक अध्ययन, *Scholarly Research Journal for interdisciplinary Studies*, vol. 6, 2018. **ISSN 2278-8800**.
14. Lalit Kumar Singh, **Deepti Khare**, Tahiya Bano, Bir Pal Singh, An Analytic study of domestic Violence act 2005, *Online International Journal of Medical and Social Sciences*, 2015. **ISSN 2454-2385**.

Books/ Books Chapter

1. **Deepti Khare**, Health care system and use of contraceptives in rural Uttar Pradesh, *Sustainable Agriculture*, Shrankhala Publishing House. Faizabad, pp. 186-192, 2019. **ISBN 978-93-87548**.
2. **Deepti Khare**, Rural Development: Nature and Scope, book name- *JMD Graphics*, 121 Dynamic Centre Zone-1, MP Nagar Bhopal, 2019. **ISBN 978-93-89399-45-5**
3. **Deepti Khare**, Punam Chauhan, *उन्नति- एक प्रयास*, Swaranjali Publication, pp. 1- 131, 2025, Editor- **Deepti Khare**, Punam Chauhan. **ISBN 978-9365-59-0975**.
4. **Deepti Khare**, Power Packed Farmer's Friendly Food Grains, Swaranjali Publication pp. 24-25, 2025. **ISBN 978-9365-59-0975**.

Conference Proceedings

1. **Deepti Khare**, Present scenario of Entrepreneurship Development among women in rural India, *Proceedings of the national Seminar on Treatment and reflections of culture and gender imposed colonial India (UGC Sponsored)*, 2015. **ISBN 978-93-5258738-9**.

Conferences and Workshop Attended

- **Deepti Khare**, “Ambience and Human Development- A Health Centric Study”, *Two Days National Seminar on Literature, Science and Environment: A Comprehensive Approach to Human Life*, at Indira Gandhi Government Post Graduate College, Bangarmau, Unnao. 20-21 March 2021.
- दीप्ति खरे, “कुम्भ का महत्त्व”, *दिव्य कुम्भ- भव्य कुम्भ पर आयोजित अंतर्राष्ट्रीय सेमीनार एवं छायाचित्र प्रदर्शनी*, लाल बहादुर शास्त्री गन्ना संस्थान लखनऊ, 25 – 27 नवम्बर 2019.
- **Deepti Khare**, “Rural Development- Nature and Scope”, *National Seminar on Need for Forward Looking Development Strategies for India*, at B.S.N.V. Post Graduate College (KKV) Lucknow, 5-6 November 2019
- **Deepti Khare**, Plastic Money and Rural India – An Empowered Scenario”, *Cash to Cashless Economy: Challenges and Opportunities* at Mahamaya Government Degree College Mahona, Lucknow, 09-10 February 2019.
- **Deepti Khare**, “Healthcare System and Use of Contraceptive in Rural Uttar Pradesh”, *National Conference on Sustainable Development: Strategies and Emerging Trends*, at Netaji Subhash Chandra Government Girls P.G. College, Aliganj Lucknow, 16-17 November 2018.
- **Deepti Khare**, “Religious Values of River Ganga” *National Seminar on Cleaning of River Ganga and Its Implications on Human Health*, at Government Degree College Charkhari, Mahoba, 22-23 February 2018.

- **Deepti Khare**, “Impact of Climate Change on the Living Conditions People in India”, *National Conference on Ecological Degradation and its Impact on Socio-Economic Development*, at Netaji Subhash Chandra Government Girls P.G. College, Aliganj Lucknow, 02-03 February 2018.
- **Deepti Khare**, “Reproductive Health and Digital Health Care System in U.P.”, *Impact of Digitization of Public Services on Society*, Mahamaya Government Degree College Mahona, Lucknow, 20-21 January 2018.
- **Deepti Khare**, “India in the Present Time- Thoughts of Sri Aurobindo Ghosh”, *National Seminar on Relevance of Shri Aurobindo Ghosh in the Present Times*, at A.P. Sen Memorial Girl’s College Lucknow and Lucknow Bangla Bhashi Mukhopatra, Lucknow, 18 November 2017.
- **Deepti Khare**, “Urban Development Versus Slum Development”, *National Seminar on Urban Development in India with Special Reference to Smart City*, A.P. Sen Memorial Girl’s College Lucknow, 7 November 2017.
- **Deepti Khare**, “Management of Household Affairs During Indus-Saraswati Civilization”, *International Seminar on Indus-Saraswati Civilization: Scripts, Art, Culture and Authors*, Department of A.I.H. and Archaeology University Lucknow and Itihas Evam Snskriti Shodh Sansthan Lucknow, 8-9 May 2017.
- **Deepti Khare**, “Impact of ICT its Role in Changing the Way of Learning”, *National Seminar on Higher Education in India: 2030 With Special Reference to Sustainable Development Goals*, at Maharaja Bijli Pasi Government P.G., Aashiyana Lucknow, 28 January 2017.
- **दीप्ति खरे**, “मुक्तिबोध की रचनाओं का महिला सशक्तीकरण पर प्रभाव”, **राष्ट्रीय संगोष्ठी शताब्दी स्मरण: मुक्तिबोध**, हिंदी विभाग श्री जयनारायण स्नातकोत्तर महाविद्यालय लखनऊ, 12 जनवरी 2017.
- **Deepti Khare**, “Importance of High Protein Diet for Sports Person”, *National Seminar on Empowerment of India Through Physical Education*, Department of Physical Education, University of Lucknow, Lucknow, 22-23 October 2016.
- **Deepti Khare**, “Impact of Domestic Waste on Ganga Pollution”, *National Seminar on Ganga Pollution: Analysis and Reminders*, at D.A.V. P.G. College Kanpur, 7-8 October 2016.
- **दीप्ति खरे**, “गृह विज्ञान शिक्षण में हिन्दी भाषा की उपयोगिता”, **हिंदी कल-आज और कल पर राष्ट्रीय संगोष्ठी**, हिन्दी विभाग राजकीय महाविद्यालय गोसाईखेड़ा उन्नाव, 14-15 सितम्बर 2016.
- **दीप्ति खरे**, “प्रसार शिक्षा में लोकभाषा का महत्व”, **राष्ट्रीय संगोष्ठी - लोक भाषा और हिंदी**, केवलपत्ती रामआसरे महाविद्यालय बंथरा, सिकंदरपुर, लखनऊ, 14-15 सितम्बर 2016.
- **Deepti Khare**, *National Seminar on The Legacy of Awadh*, 16-17 March 2016.
- **Deepti Khare**, “Empowerment of Rural Women Through Bottom-up Approach”, *National Seminar on Issues in the Area of Women Empowerment in Contemporary India*, B.Ed. Department Navyug Kanya Mahavidyalaya, Lucknow, 27-28 February 2016.
- **Deepti Khare**, “Use of Modern Media and Information Technology in Higher Education”, *National Seminar on Status of Higher Education in India With Special Reference to Uttar Pradesh*, Government Raza P.G. College, Rampur U.P., 20-21 February 2016.
- **Deepti Khare**, “Management of Community Water for Supply to Rural Communities”, *3rd Lucknow Science Congress and National Conference on Science for Society: An Interdisciplinary Approach*, at Babasaheb Bhimrao Ambedkar University Lucknow, 31 October – 2 November 2015.
- **Deepti Khare**, “Youth Concerns Towards Politics”, *National Seminar on Youth, Ethics and Politics in Profession*, at Department of Sociology, University of Lucknow, Lucknow, 23-24 September 2015.
- **Deepti Khare**, “Households Waste Management Vermi Compost”, *National Conference on Changing Environment: Issues and Challenges*, at Dr. B.R.A. Government Girls P.G. College Fatehpur, 19 September 2015.

- **Deepti Khare**, “Vermi Processing Plants in Residential Areas: A Way Out to Waste Management”, *National Seminar on Civil Society for Upscaling Sanitation Efforts in Uttar Pradesh*, at NSS and Department of Social Works, University of Lucknow, Lucknow at 24-25 March 2015.
- **Deepti Khare**, “Violence Against Women”, *National Seminar on Violence Against Women: Role of Academia, Media and Social Activities in Creating Awareness*, at Awadh Girls’ Degree College Lucknow, 8-9 December 2014.
- **Deepti Khare**, *National Seminar on Dimensions of Inequality, Exclusion and Social Transformation in Rural India*, 1-3 March 2014.
- **Deepti Khare**, “Women Household Workers and Their Changing Positions in the Family”, *International Conference on Scientific and Technological Advancements: Social Issues and Health Concerns*, at Babasaheb Bhimrao Ambedkar University Lucknow, 18-19 February 2014.
- **Deepti Khare**, “Youth Concerns Towards Development and Issues of the Environment”, *National Seminar on Empowerment of Youth: Issues and Challenges*, at Netaji Subhash Chandra Government Girls P.G. College, Aliganj Lucknow, 8-9 February 2014.
- **Deepti Khare**, “Globalization”, *National Seminar on Social Development in India: Issues and Challenges*, at Department of Sociology, DDU Gorakhpur University, Gorakhpur, 15-16 November 2013.
- **Deepti Khare**, “Higher Education Concern and Contribution of Educator”, *XVI Annual Conference and National Seminar*, at Mahamaya Government Degree College Mahona, Lucknow, 7-8 April 2012.
- **Deepti Khare**, “Domestic Violence Act 2005- A Positive Initiative Towards Women Empowerment”, *National Seminar on Women Empowerment: Issues and Challenges*, at Indira Gandhi Rajkeeya mahila Mahavidyalaya Raebareli, 24-25 January 2012.
- **Deepti Khare**, “Waste is a Resource Out of Place: Educational Institutions Can Make a Difference”, *National Seminar on Environmental Health: Challenges and Management*, at Pt. Deen Dayal Upadhyay Government Girls P.G. College, Rajajipuram Lucknow, 20-21 January 2012.
- **Deepti Khare**, “Knowledge- Attitude and Practices Regarding Contraceptive Use”, *29th Biennial National Conference on Innovative Horizons and Emerging Challenges for Home Sciences*, at School of Home Science, Babasaheb Bhimrao Ambedkar University Lucknow, 4-6 November 2011.
- **Deepti Khare**, “Effects for Powering Woman are Encouraging”, *National Seminar on Socio-Economic Welfare Programmes and Rural Development*, at Indira Gandhi Rajkeeya mahila Mahavidyalaya Raebareli, 16-17 March 2011.
- **Deepti Khare**, “1- Challenges Ahead to Mentors, 2- Higher Education Concern and Pro Through Contribution in Development and Innovation”, *National Seminar on Challenges of Higher Education: Beyond 2010*, at Government Girls’ P.G. College Ghazipur, 27 February 2011.
- **Deepti Khare**, *National Seminar on Inclusive Development in India: Past Experiences, Present Challenges and Future Directions*, 20-21 December 2010.
- **Deepti Khare**, “E- Learning Challenges of Higher Education”, *National Seminar on Communication Skills and Higher Education*, at Indira Gandhi Rajkeeya Mahila Mahavidyalaya Raebareli, 5-6 March 2010.
- **Deepti Khare**, “An Evaluative Study of U.P. E-District Programme with its Impact on Adolescent Girls”, *National Seminar on Impact of Socio-Economic Inequalities on the Development of India*, at Netaji Subhash Chandra Government Girls P.G. College, Aliganj Lucknow, 25 February 2010.
- **Deepti Khare**, “Perspective and Practices of College Going Girls Regarding U.P. District Programme”, *National Conference on Traditional and Contemporary Trends in Family and*

Community Studies, at Babasaheb Bhimrao Ambedkar University Lucknow, 24-25 November 2009.

Awards and Honors

- Sammaan Patra by CSJMU Kanpur on 05-09-2021.
- Pt. Deen Dayal Upadhyay Award by Rajkeeya Mahavidyalaya, Gosai Kheda, Unnao on 25-09-2017.
- Young Scientist Association Award by Bioved Research Society on 19-02-2011.

MOUs

Signed between Government Degree College Gosaikheda Unnao and BSN Infotech Pvt Ltd, Lucknow since 28-11-2023.